

# Many Californians Can't Get the Behavioral Health Care They Need



**Almost a quarter**

**of all adults with a mental illness are not able to receive the treatment they need. This number has not improved since 2011.**



**1 out of 10**

hospitalizations each year involve an individual with an alcohol or other substance use disorder.



**92%**

of hospitals providing psychiatric inpatient care report they are **unable to admit new patients** because discharging current patients to step-down care is so difficult.

## MORE RESOURCES ARE NEEDED

California has a shortfall of more than **7,700 staffed beds** for people with behavioral health needs.

On any given day in California, **550 patients** remain in inpatient psychiatric care, even when they're ready for discharge. The average number of **unnecessary days spent in the hospital is 27.**



While half of mental health problems emerge before children are 14 years old,

**more than half**

of children and adolescents are **not able to get the mental health services they need.**