

WHITE POWDER IN THE MAIL

A HOSPITAL-FBI CASE STUDY IN WMD RESPONSE, UNIFIED COMMAND & OPERATIONAL RESILIENCE



Objectives



Identify appropriate immediate actions following the discovery of a suspicious powder or package in a health care environment



Describe how Hospital Incident Command System (HICS) operations integrate with external Incident/Unified Command



Evaluate operational decision making during an unknown substance incident



Explain the FBI's role in a suspected WMD or suspicious package investigation and identify how health care emergency managers can support the investigative process

An employee opens an envelope → one initial exposure → well-intentioned actions expand the problem → hospital and community response escalates → FBI/WMD investigation begins → hospital must simultaneously protect people, preserve operations, and support an investigation

“The Incident”

6:46 AM — May 9, 2025



Timeline

Suspicious substance found

- Code Orange Initiated
- Security Response
- 911 Call initiated

Securing the area

- Securing the area immediately after unknown substance
- Moving all employees away from the area

Fire Response

- Prompt response from Orange FD
- Initiating Hazmat Need
- Assumed IC Role
- ID of those involved in exposure

Command Center Initiated

- Initiated "Code Triage Internal"
- Internal Communications
- Evacuations
- Logistics

Hazmat Response

- Anaheim FD
- Huntington FD
- County of Orange
- Bomb Squad
- Testing of substance

Police Response

- Securing area
- Investigation
- Security Support
- Closing street

FBI Response

- Investigation
- Testing of substance



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Part I

“When a Hazmat Event Becomes a WMD Investigation”

FBI WMD Coordinator

- Primary point of contact WMD threats and issues
- Provides proactive training, outreach, and liaison
- Conduct WMD assessments and investigations
- Respond on-scene to WMD incidents and call-outs



How does the FBI respond to WMD incident and threats?

POLICE LINE - DO NOT CROSS

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POLICE LINE - DO



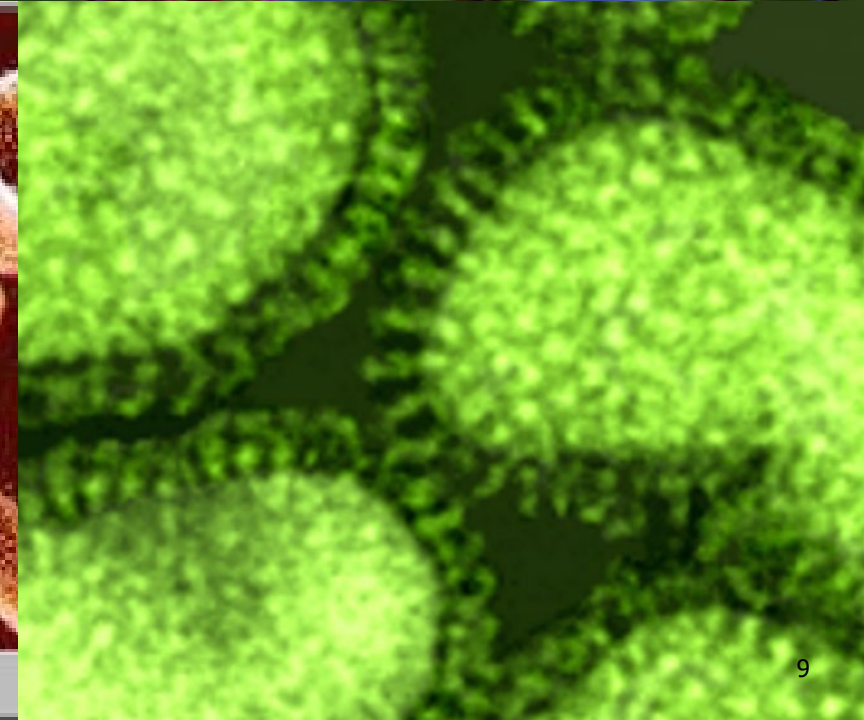
Biological Threat Agents

Possible Concerns

- Biological agent
- Toxin
- Chemical substance
- Harmless material



Anthrax



FBI Initial Assessment



- Incident command system and coordination with JHAT response members to conduct initial assessment of situation and field screenings of unknown materials
- Immediate coordination with reporting party or entities
 - 1) Victims of incident
 - 2) Affected areas and prevention of spread
 - 3) Information, interviews, evidence, and subsequent investigation



WMD Incident Response at CHOC

- Suspicious unknown white powder letter
- FBI Initial Assessment and Priorities:
 - 1) Life and Public Safety
 - 2) Containment
 - 3) Evidence and Investigation



Field Testing: Presumptive vs. Confirmatory



- Field screenings are considered presumptive and completed for initial public safety assessment and response
- Only laboratory testing is confirmatory
- Effective cooperation and collaboration with the reporting party or involved entities is critical for timely investigation



WMD Incident Response at CHOC

Investigation Protocol

- Surveillance footage
- Access control information
- Employee and victim interviews
- Suspicious behaviors and activities



Part II

External Response

AIR 7

ORANGE

DEVELOPING STORY

CHOC RESUMES OPERATIONS AFTER HAZMAT CONCERNS



abc7.com

ABC News Link

<https://abc7.com/post/orange-county-childrens-hospital-says-no-hazardous-conditions-found-multi-agency-response/16368994/>

Response Actions

External Partners' Response

10 Potentially Exposed

2 Decontaminated/8 Declined

HazMat Field Screening

No toxic substance indicated

Bomb Squad/Public Health Testing

Additional laboratory analysis

Final Result (36+ hours Later)



Hospital Liaison Officer

The Trusted Source of Information

- Key point of contact
- Established cross-sector communications
- Communicated to the HCC with ongoing updates
- Situational updates provided to Liaison Officer from HCC
- Supply/Equipment requests transmitted to HCC
- Coordinated with multiple agencies on scene
- Advised HCC of street closures and access restrictions



Decontamination

Fire Department Managed

- FD protocol
- Coordinated gross decon of staff
- Hospital not included in the process
- Staff disrobed in view of offices
- Staff transported via ambulance to hospital <50 yds away
- Hospital/Security agencies billed for transport = \$600.00 each



Unified Command Staging Locations



Unified Command Post Location



FD Established Decon Location



Office Windows Overlooking Decon Area

Part III

INTERNAL RESPONSE

The First Critical Minutes

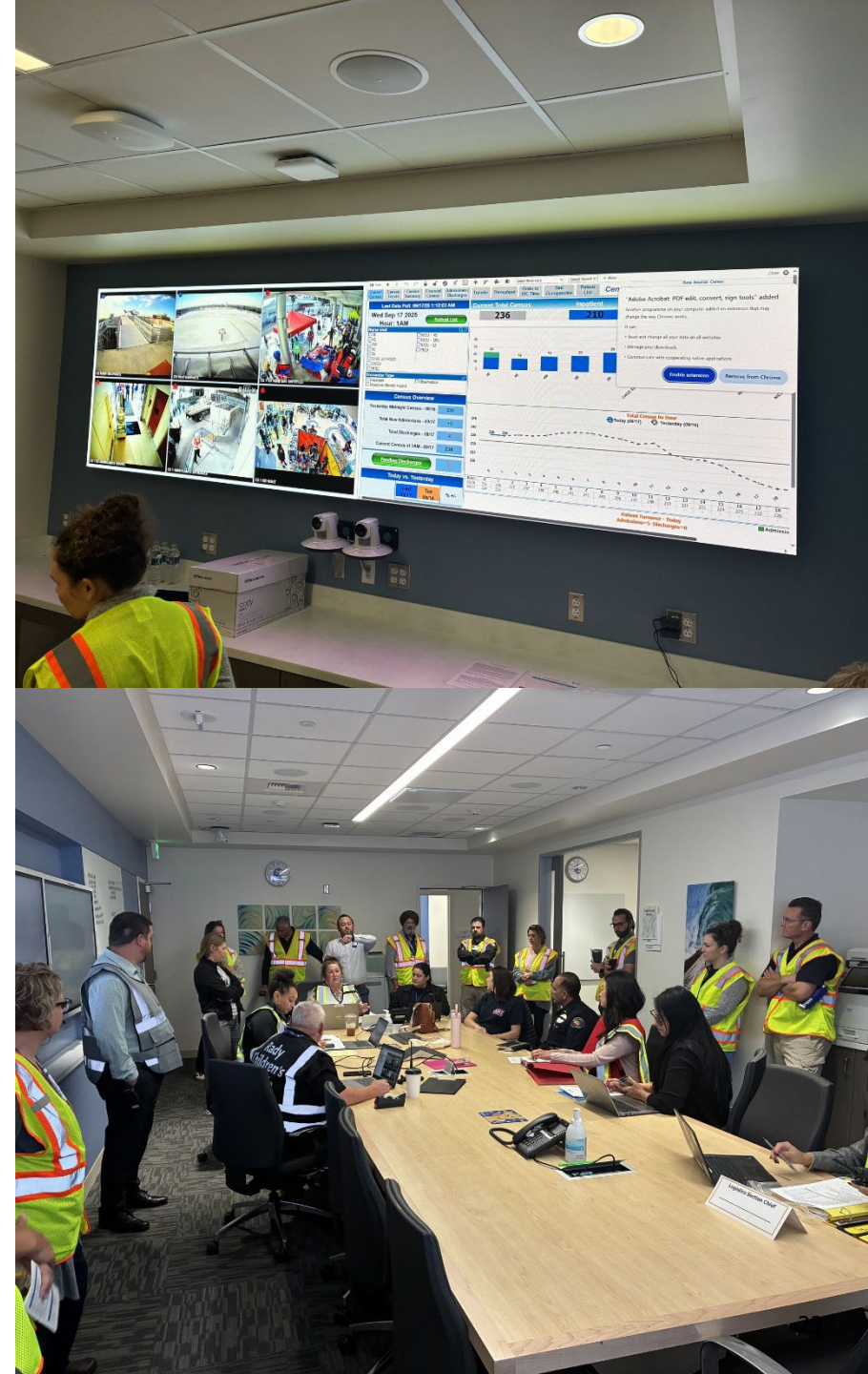
White powder discovered

- Security responds
- Package moved
- Package transported to different location
- Exposure footprint expands
- Employee isolated

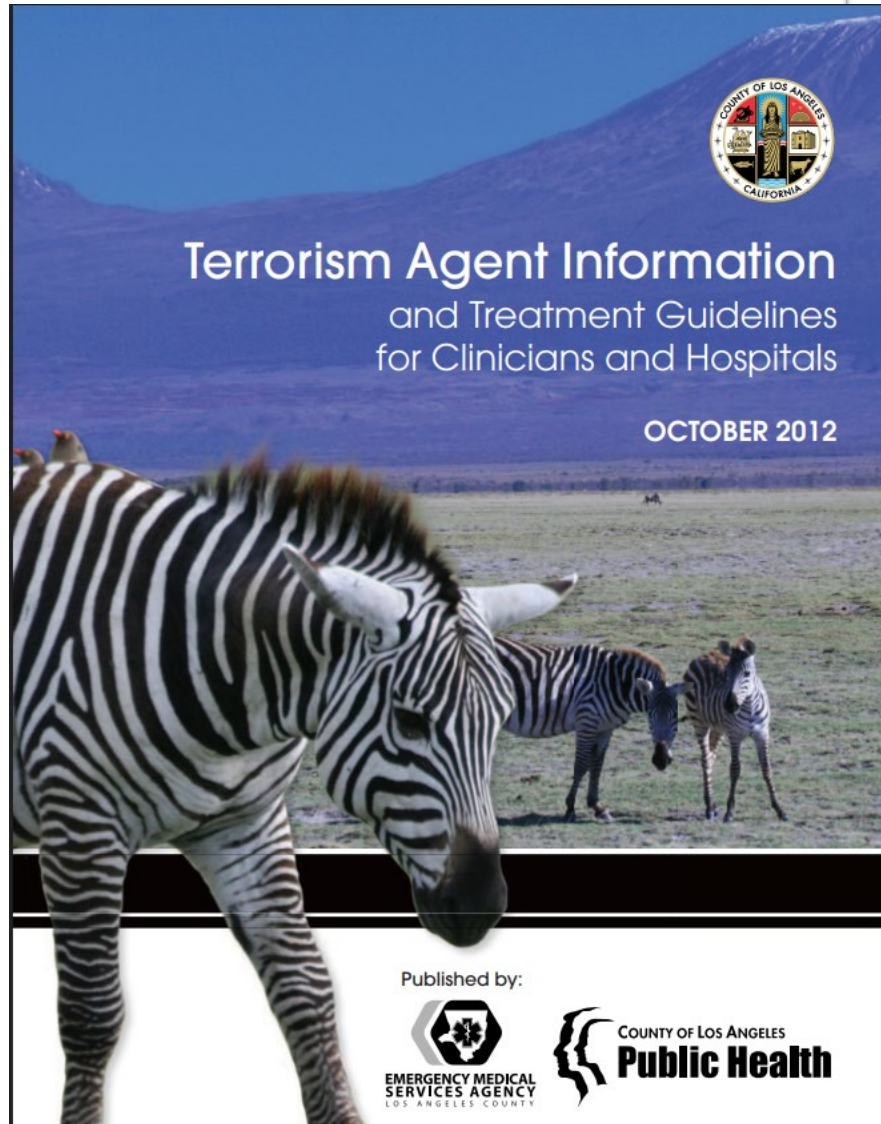
One potentially exposed employee became approximately a dozen!

Hospital Command Center Activation

- Authority
 - Established contact with External Liaison-SitRep provided
 - Briefing with CNO, COO, VP Operations
 - Incident Commander appointed
- Activation
 - IC authorized to activate Code Orange
- Organization
 - Assigned HCC roles to responding leaders
 - IAP established
- Communication
 - Internal to staff (every 30 minutes)
 - External through PIO
- Situational Awareness
 - Regular updates from Liaison Officer



HCC Reference



Quick Reference: Anthrax (*Bacillus anthracis*)

ALL SUSPECTED CASES OF ANTHRAX MUST BE REPORTED
IMMEDIATELY TO THE DEPARTMENT OF PUBLIC HEALTH
ACUTE COMMUNICABLE DISEASE CONTROL PROGRAM

During Business Hours 213-240-7941
After Hours (County Operator) 213-974-1234

Epidemiology:

- Anthrax disease occurs in humans through 3 routes of infection: inhalational, cutaneous, and gastrointestinal.
- However there are 4 major clinical presentations: meningitis, inhalational, cutaneous, and gastrointestinal. Cutaneous anthrax is the most common naturally occurring form and results from direct contact with infected animals or animal products. Gastrointestinal anthrax results from eating contaminated food. Meningitis is most common in immunocompromised individuals but can occur after cutaneous or gastrointestinal infection.
- Anthrax spores are highly resistant to physical and chemical agents and can persist in the environment for years.
- In the United States, in October 2001, anthrax-contaminated mail resulted in 22 cases (5 inhalational and 17 cutaneous) with 5 deaths.
- Sporadic cases have occurred in U.S. related to animal hides and drugs. Anthrax has also been reported to have occurred in Europe.

Clinical:

Inhalational anthrax:

- Incubation period 1-7 days (range up to 43 days in humans and 60 days in animals).
- Presence of hemorrhagic mediastinal adenopathy: development of pulmonary parenchymal disease (infiltrates or consolidation).
- Mediastinal widening by chest X-ray or CT in previously healthy, non-smoking individuals is pathognomonic.
- A newly proposed 3 level clinical staging system describes an early flu-like symptoms, an intermediate-progressive stage, and a late-fatal stage. This new staging system can help distinguish those patients (intermediate-progressive stage) from those with a lower probability of death.
- Without a high index of suspicion, the diagnosis of inhalational anthrax is often delayed.
- Mortality ranges from 90% (historic) to 45% (2001 attack).

Anthrax Meningitis:

- Hemorrhagic meningitis in 50% of inhalational anthrax cases.
- Was the presenting manifestation of the index case in the 2001 anthrax attack.
- CSF with presence of hemorrhage and long box-car shaped Gram-positive bacilli.
- Treat with drugs that have CSF penetration.

Cutaneous anthrax:

- Incubation period 1-7 days (up to 12 days).
- Presents as papule, progressing to vesicle and ulcer with black eschar.

15

Terrorism Agent Information Treatment and Guidelines for Hospitals and Clinicians

Quick Reference Sheet: Ricin Poisoning

ALL SUSPECTED CASES OF RICIN POISONING MUST BE
REPORTED IMMEDIATELY TO THE
DEPARTMENT OF PUBLIC HEALTH
ACUTE COMMUNICABLE DISEASE CONTROL PROGRAM

During Business Hours 213-240-7941
After Hours (County Operator) 213-974-1234

Epidemiology:

- Ricin is a potent protein toxin derived from the beans of the castor plant (*Ricinus communis*).
- Castor beans are widely available; the toxin is easily extracted and stable.
- Possible routes of exposure include: respiratory, gastrointestinal and parenteral.

Clinical:

- Incubation period varies depending on type of exposure and dose; ranges from minutes to 18 hours.
- Inhalation of ricin presents with fever, weakness, cough, dyspnea and arthralgia; pulmonary edema develops within 18-24 hours; death occurs within 36-72 hours.
- Ingestion of ricin presents with severe gastroenteritis that may progress to severe fluid and electrolyte imbalance, peripheral vascular collapse and death.
- Injection of ricin presents with severe local necrosis of muscle and regional lymph nodes followed by multiorgan failure and death.

Diagnosis:

- Diagnosis depends on a high index of suspicion.
- Geographical clustering of patients presenting with similar symptoms.
- Two types of laboratory testing are available for suspected ricin exposures:
 - Environmental.** Detection of ricin in environmental samples, as determined by CDC (for suspected exposures from the environment) or FDA (for suspected exposures from food or medication). Ricin can be detected qualitatively by time-resolved fluorimmunoassay (TRFIA) and polymerase chain reaction (PCR) in environmental specimens (e.g., filters, swabs, or wipes).
 - Biologic.** CDC can assess selected specimens on a provisional basis for urinary ricinine, an alkaloid in the castor bean plant. Urinary ricinine testing is the only clinical test for ricin exposure available at CDC.

Treatment:

- Supportive care is the mainstay of therapy including IV fluid and electrolyte replacement.
- Respiratory support may be necessary.
- Gastric decontamination with superactivated charcoal.

Prophylaxis:

- Currently there is no available prophylaxis.

Infection Control:

- Standard precautions - ricin is not transmitted from person-to-person.

135

Terrorism Agent Information Treatment and Guidelines for Hospitals and Clinicians

Compromised Areas

CHOC West/Research Basement

- Specialty Pharmacy
- Outpatient Pharmacy
- Health Information Management
- EVS
- Facilities Management
- Clinical Nutrition and Lactation
- Bio-Med
- Materials Management/Purchasing
- Central Distribution
- Mail Room/Copy Center
- Security Services
- Safety & Emergency Management Offices



Containment Required the Entire Hospital

External Partners Assisted

- **Security**
 - Perimeter/access control
 - Wayfinding
 - Scene security
- **Facilities**
 - HVAC isolation
 - Building systems
 - Operational support
- **Hospital Command Center**
 - Coordination
 - Communications
 - Continuity of care/operations

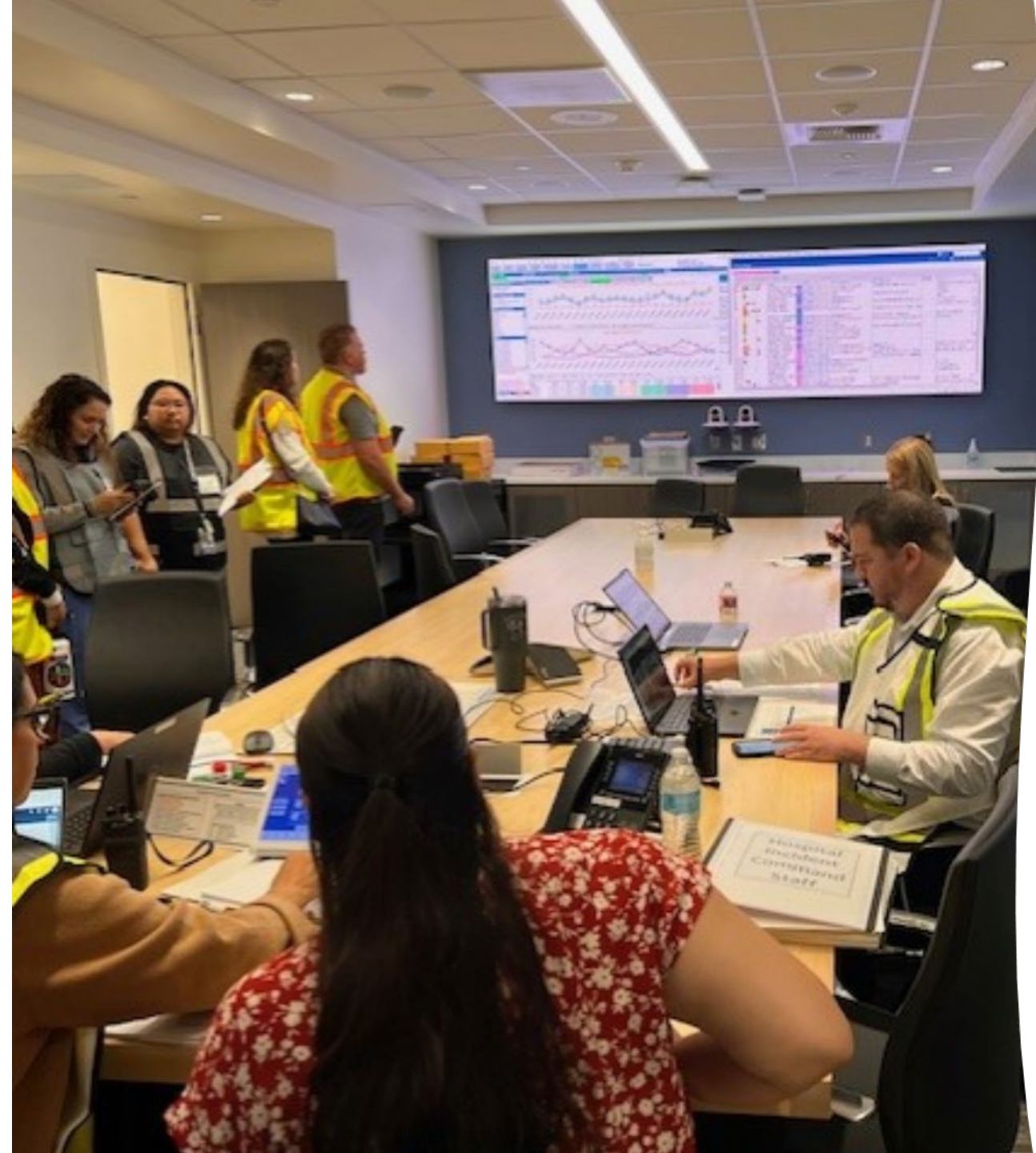


PART IV

“WHAT WE LEARNED”

Key Successes

- **Command & Control**
Code Orange + HCC
- **Unified Coordination**
Hospital liaison + external responders
- **Containment & Continuity**
HVAC isolation + pharmacy/ongoing operations
- **Communication**
Accurate (& trusted!) bidirectional information under pressure



Five Lessons for Every Hospital



1. Don't move the problem.

Unknown substances should be isolated in place whenever safely possible.

2. The first five minutes determine the next five hours.

Frontline staff actions can either contain or expand the event.

3. A negative field test is not necessarily the end of the incident.

Presumptive screening and confirmatory testing serve different purposes.

4. Hospital command and external command must be connected—not competing.

A designated liaison creates the bridge.

5. Clinical operations, life safety, and criminal investigation can occur simultaneously.

Hospitals must plan for all three.

If This Happened at Your Hospital Tomorrow...

**Would your employee
know not to move the
package?**

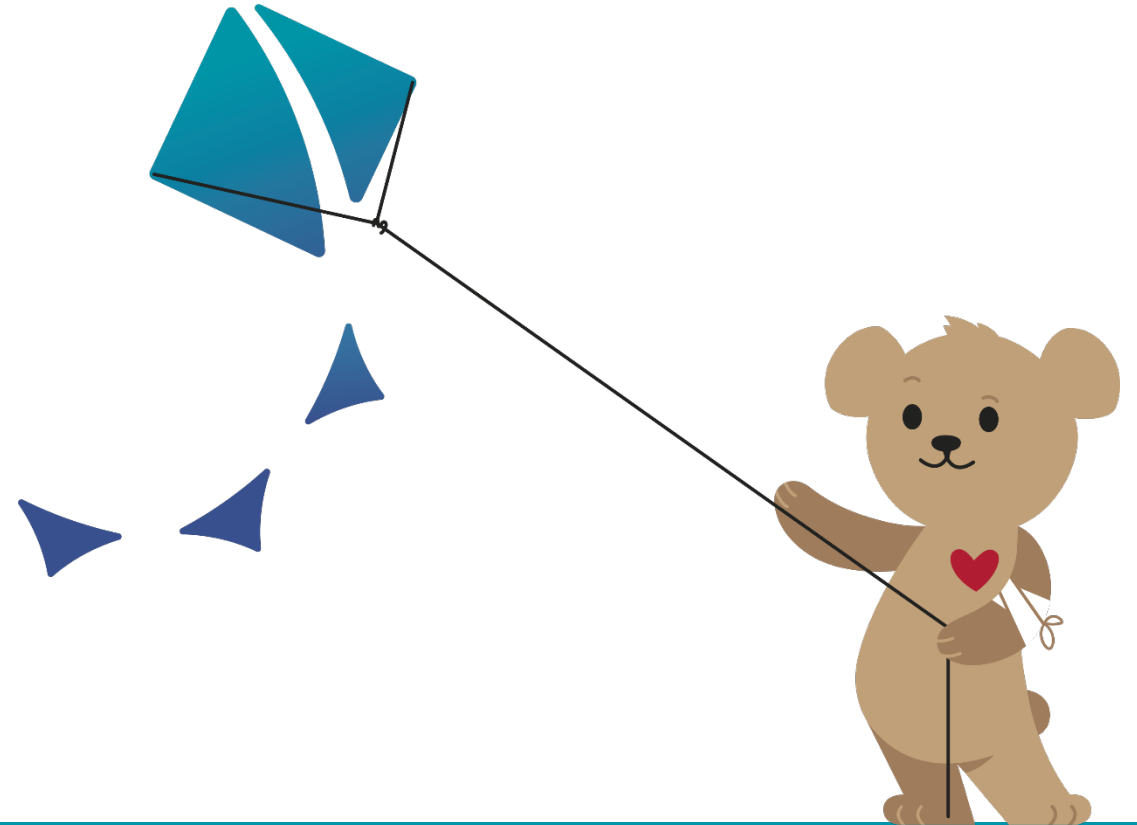
**Who would represent
your hospital at
Unified Command?**

**Who has the authority
to restrict, and later
restore, hospital
operations while the
investigation
continues?**

**Preparedness begins
before the envelope is
opened!**

Questions?





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