

Tackling Stigma Toward People Living with Substance Use Disorders

CommonSpirit Health

Dr. Lauren Fryling, MD, Northridge Medical Center

Artinice Walker, Navigator, St. Bernardine Medical Center

Karen L. Frank DNP CPPS MSHA, Market Director Quality CHI Memorial TN/GA

Kathy Krebs-Dean, MPH, MA Director Behavioral Health Expansion & Development

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Presenter

Lauren Fryling, MD

Emergency Medical Physician

Northridge Hospital

In addition being an ER physician, Ms. Fryling is a clinical faculty at Harbor UCLA Medical Center where she runs a health equity rotation for emergency medicine residents. She mentors residents who are interested in health equity and other programs regarding social determinants of health including being faculty mentor for CAFP SUD grant. She is also a health sciences assistant clinical professor at West LA VA Medical Center where she is also involved in many programs involving SUD and homeless health.

Presenter

Artinice Walker

Substance Use Navigator

St. Bernardine Medical Center

In her role, Ms. Walker provides navigation services to patients in the emergency department and inpatient settings, tailored to their specific needs related to substance use. For the past three years, she has managed the Narcan distribution program from the emergency department.

Presenter

Karen Frank, DPN, CPPS, MSHA

Market Director of Quality

CHI Memorial Hospital, CommonSpirit

Ms. Frank graduated from the University of Tennessee with a Doctorate of Nursing Practice. In her current role, she has the opportunity to examine data in many different ways, including through a health equity lens. Compassionately caring for our vulnerable patients is a priority and this includes reducing stigma surrounding persons with substance use disorder.

Presenter

Kathy Krebs-Dean, MPH, Ma

Director of Behavioral Health Expansion & Development

St. Joseph's Behavioral Health Center, CommonSpirit

Ms. Krebs-Dean is a dedicated advocate for health equity and social justice with over 25 years of experience addressing the intersections of behavioral health, substance use disorders, and social inequities. At CommonSpirit Health, she has led initiatives to combat stigma, including securing funding to expand hospital ED-based Medication Assisted Treatment for patients impacted by opioid addiction. She serves as the program evaluator for a SAMHSA-funded MAT program at St. Joseph's Behavioral Health in Stockton and also serves as the program developer and leader for CommonSpirit's Anti-Stigma Initiative.

Disclosure of Relevant Financial Relationships

Lauren Fryling, MD reports no relevant financial relationships or relationships she has with ineligible companies of any amount during the past 24 months.

Artinice Walker reports no relevant financial relationships or relationships she has with ineligible companies of any amount during the past 24 months.

Karen Frank, DPN, CPPS, MSHA reports no relevant financial relationships or relationships she has with ineligible companies of any amount during the past 24 months.

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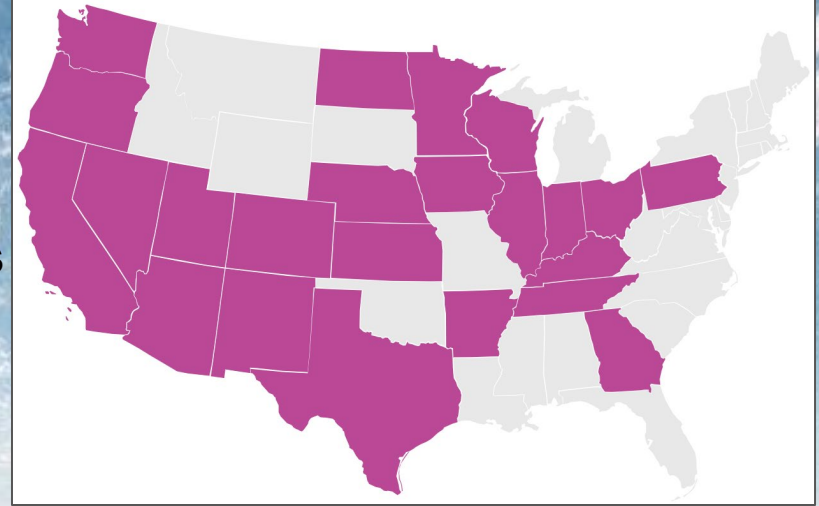
The perception that a certain attribute makes a person unacceptable and different from others, leading to prejudice and discrimination against them.

Why Stigma Awareness Matters

- Substance Use Disorders impact millions of US lives each year.
- Growing number of community members seeking care in EDs.
- Stigma is a barrier to care.
- Addiction is a treatable medical condition not a moral failing.

Hello HumanKindness

- **CommonSpirit Health**
- **2,200 hospitals & care sites in 24 states**
- **35,000+ Providers | 45,000 Nurses**
- **Serve 20 M patients annually**
- **Mission:** *Serving the vulnerable and advancing social justiceHello HumanKindness.*





How does stigma
impact patients
from seeking and
receiving care?

A wooden heart and a starfish are placed on a sandy beach. The heart is on the left, and the starfish is on the right, partially overlapping the heart. The background is a soft-focus view of the sand.

How has stigma evolved
since you've been caring
for patients?

A close-up photograph of a person's hand holding a small, purple starfish. The hand is positioned palm-up, and the starfish is resting on the fingers. The background is a soft-focus beach with sand. The text "What is working?" is overlaid in white, serif font across the center of the image.

What is working?

Q & A





Conclusion

Words Matter. Care Matters. You Matter.

Thank you.

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