



# Don't share your air.

You may not be able to avoid interactions entirely, but there are some common-sense ways to reduce your chances of getting or spreading COVID-19.

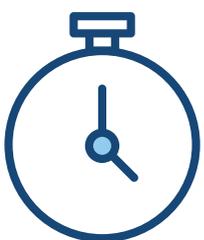
## Your common-sense prescription



**Keep it covered.** Cover your nose and mouth. And if you can't stay covered, back away from others.



**Keep it moving.** If you gather, aim for outside. If you're inside, take every precaution. Open windows, turn on fans, and use air purifiers as much as possible. Fresh air movement helps dilute virus particles.



**Keep it short.** Keep your time with others short and your distance long for in-person interactions.

Hope is on the horizon,  
but we need to help each other now.

**These things will work.  
And they save lives.**