

California's Behavioral Health Crisis

Millions of Californians are not getting the care they need for mental health or substance use disorders.



About **two-thirds of adults** with a mental illness and **two-thirds of adolescents** with major depressive episodes lack treatment.

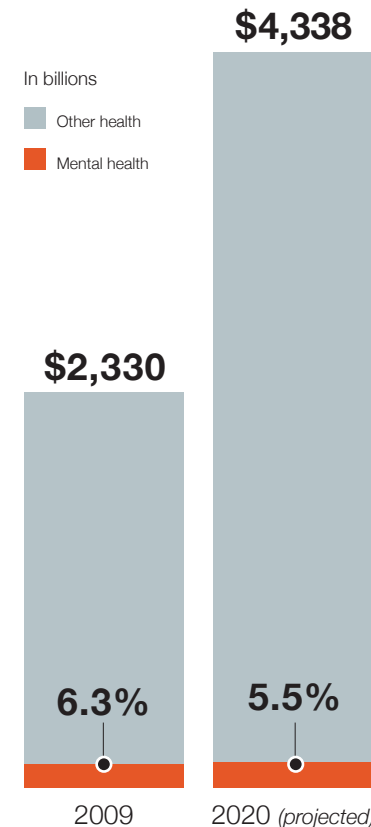
An estimated **1 in 5 adults** experiences a mental health condition in any given year.



The annual health care costs for people with a behavioral health condition are about **3.5 times higher** than the costs for people without such a condition.

Funding hasn't kept pace

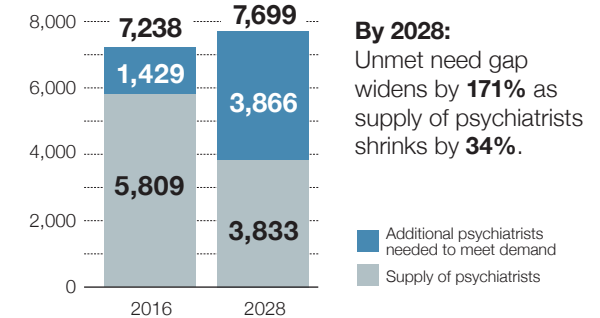
Nationally, the share of spending to care for mental health condition decreased from **6.3%** in 2009 to a **projected 5.5%** in 2020.



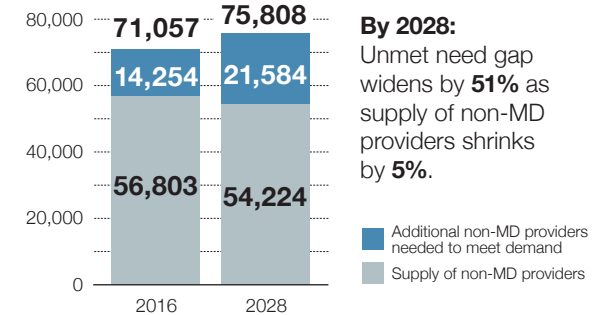
Mental health professionals

California doesn't have enough providers to meet the state's needs. By 2028, the gap will be even wider.

Supply of psychiatrists in California vs. need



Supply of non-MD mental health providers in California vs. need



Source: Healthforce Center at UCSF California's *Current and Future Behavioral Health Workforce*, February 2018; Coffman, Bates, Geyn and Spetz
 Note: "Non-MD Mental Health Providers" include psychologists, licensed marriage family therapists, licensed professional clinical counselors, and licensed clinical social workers