



California Hospitals

Connecting Patients to Care —
Within and Beyond the Hospital



Leadership in Health Policy and Advocacy



Hospitals Deliver Care in Many Ways and Places

California hospitals care for patients and families far beyond the hospital walls. Our hospitals provide an array of community and continuing care services that serve as a lifeline for many — especially vulnerable populations.

Support from our communities — and from local, state and federal government — is essential to helping California hospitals continue our good work, all day and every day.





In the Community

Patient care and treatment are often provided outside of the hospital in ways that work better for patients, families and communities. Highlights include:

340B Drug Discount Program

California hospital patients have benefited from the 340B program for 25 years at no cost to taxpayers. Safety-net hospitals use 340B drug discount savings to provide critical services to patients in underserved communities, such as low- or no-cost medication, mobile and primary care medical clinics, chemotherapy, vaccines and chronic disease management.



Community Behavioral Health Care Solutions

Because many communities struggle to meet the demand for behavioral health services, California hospitals help create and support programs that meet the mental health needs of their communities. These programs, which treat patients within and beyond the hospital walls, include inpatient and outpatient therapy for children and families addressing mental illness, eating disorders, substance abuse and more.

Substance Abuse Programs That Meet Individual Needs

Drug and alcohol addictions are serious medical conditions that require specialized care. Medically supervised hospital programs help provide patients with the stability and treatment they need to address their addictions and begin the road to recovery.

Community Program Success Stories

340B Savings Link Homeless/ Underserved to Dental Care —

When Orchard Hospital's emergency department (ED) saw an increase in homeless and underserved patients with oral abscesses and other serious dental health issues, the hospital used savings from the 340B program to give qualified patients dental vouchers. Thanks to the vouchers, patients receive the care they need from area dentists and ED visits have declined.

After School Program Addresses Teen Anxiety and Suicide —

In response to an epidemic of teen anxiety and a cluster of youth suicides in Silicon Valley, El Camino Hospital created After-School Program Interventions and Resiliency Education (ASPIRE), an intensive outpatient treatment for youth with anxiety and depression. The program teaches students about the causes of stress and helps them develop the skills they need to respond to life situations. More than 800 youth have completed ASPIRE, which is now being implemented in several other California hospitals.

Within the Hospital

Open 24/7, California hospitals employ highly trained individuals and teams to deliver specialized medical care and treatment to patients. Hospital advancements include:

Innovative Care Delivery

California providers are constantly improving and evolving care delivery to meet the needs of our diverse populations. Some hospitals provide leadership in value-based care and others use integrated delivery models recognized nationwide for providing high-value patient care while managing costs. Virtual or ehealth/telemedicine services strengthen access to care in remote areas and for patients who require specialized services.



Integrated Delivery Value-Based Care Quality Collaboratives eHealth/Telemedicine Whole-Person Care

Priority on Quality and Patient Safety

California's hospitals are committed to continually improving the quality and safety of patient care. Noteworthy successes include reducing sepsis mortality, saving nearly 52,000 lives from 2011 – 2016; outperforming national baselines for four of six health-care-associated infections; and achieving below national mortality rates for heart failure, heart attack, pneumonia, stroke and coronary artery bypass grafting.² In 2017, through quality and patient safety efforts, California hospitals saved nearly 6,000 lives and more than \$217 million in health care costs.³

Clinical Efficiencies Improve Care and Lower Costs

Key community health indicators demonstrate California's ability to deliver the right care for our residents. California hospitals consistently perform better than the national average on cost and utilization. Our clinical efficiencies, care delivery and technological advances mean patients recover quicker and return home sooner. Other efficiencies, such as reducing waste and over-utilization, result in lower health care costs.

California's Health Care Costs Are Lower Than the U.S. Average⁴

Usage per 1,000 individuals	California	U.S. Average	Highest
• Hospital Beds	1.8	2.4	5.3
• Hospital Admissions	83.3	103.5	192.0
• Hospital Days	425.9	564.9	1,414.0
• Emergency Visits	348.7	440.3	739.1
• Hospital Costs (per capita)	\$2,476	\$2,649	\$6,326

Hospital Success Story

Lifesaving Surgeries are Norm for Children's Hospital — Dane, a premature but previously healthy newborn, was rushed to Lucile Packard Children's Hospital Stanford with liver failure. He couldn't have been in better hands. Packard Children's Hospital is a national leader in pediatric organ transplant, performing 117 surgeries in 2017 alone. In 2014 at six weeks old, Dane received his liver transplant — the hospital's smallest liver transplant recipient. Recovery was slow and challenging. Though his new liver had stabilized, Dane's kidneys failed. Dialysis began until a donor could be found. When Dane was three years old, the hospital performed his kidney transplant using an innovative, delicate procedure that tailored Dane's small vein to a donor kidney. Today, Dane is a happy and active four-year old with a remarkable history, thanks to the surgeons and staff at Packard Children's Hospital.





Continuing Care

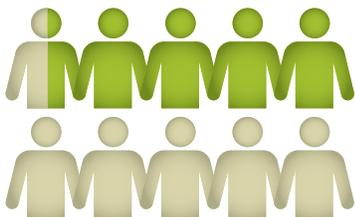
Many patients discharged from acute care hospitals still need some level of continuing medical care or treatment.

Post-Acute Care Services Help Patients Reach Their Full Potential

Post-acute care (PAC) plays a critical role in the health care delivery system, providing a pathway for patients to complete recovery and achieve optimal health and independence. Unfortunately, many patients do not have adequate access to the PAC services they need.

As hospitals strive to better coordinate appropriate care, the need for post-acute services continues to grow — more than 23 percent of Medicare spending is for post-acute care services.⁵ Patients who use PAC services experience better outcomes and reduced costs. The four most common types of post-acute care services include home health, long-term acute care hospitals, hospital-based skilled nursing and inpatient rehabilitation facilities.

Hospitalized Medicare Patients Need Post-Acute Care Services



Nearly **43%**
of Medicare patients

discharged from hospitals need at least one or more levels of post-acute care⁶

Continuing Care Success Story

Managing Health at Home — Sutter Health's Advanced Illness Management (AIM) Program helps individuals with multiple chronic conditions manage their health and quality of life from home as long as possible. The program is "person-centered" and focuses on helping individuals establish and achieve their goals. Patient and provider satisfaction is high. One patient states: "I know the AIM nurses are there ... I feel like I'm not alone anymore." Care teams are especially proud of the care they deliver and are more professionally fulfilled. AIM has reduced hospitalizations by 50 percent, while advanced care planning has increased by 98 percent.

1. HRSA, Office of Pharmacy Affairs, 340B OPAIS, <https://340bopais.hrsa.gov/home>
2. Hospital Quality Institute, By the Numbers, A Monthly Snapshot of Performance, April 2018
3. California Hospital Association, Member Value Statement, 2017
4. American Hospital Association Statistics, 2017 Edition
5, 6. Gage, et al. Examining post-acute relationships in an integrated hospital system, ASPE, 2009

California Hospital Association

The statewide leader representing the interests of California's hospitals and health systems. Proudly representing:

400+ hospitals and health systems

97% of California hospital beds

Want to Learn More?

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