Medical Necessity for MHP Coverage

For MHP coverage as a **psychiatric inpatient service or an emergency psychiatric condition**, the patient must meet the following:

Has one of the following diagnoses in the DSM-IVE:

- · Pervasive development disorders;
- Disruptive behavior and attention deficit disorders;
- Feeding and eating disorders of infancy or early childhood;
- · Tic disorders;
- · Elimination disorders;
- Other disorders of infancy, childhood, or adolescence, cognitive disorders (dementia with delusions or depressed mood);
- Substance induced disorders (with psychotic, mood, or anxiety disorder);
- Schizophrenia and other psychotic disorders;
- Mood disorders:
- Anxiety disorders;
- Somatoform disorders;
- Dissociative disorders;
- · Eating disorders;
- Intermittent explosive disorder;
- Pyromania;
- · Adjustment disorders;
- · Personality disorders.

Cannot be safely treated at a lower level of care and

Requires psychiatric inpatient hospital services as the result of a mental disorder as the result of one of the following:

- Has symptoms or behaviors due to a mental disorder that:
 - Represent a current danger to self or others, or significant property destruction;
 - Prevent the beneficiary from providing for, or utilizing, food, clothing or shelter;
 - Present a severe risk to the beneficiary's physical health; or
 - Represent a recent, significant deterioration in ability to function.
- · Requires admission for one of the following:
 - Further psychiatric evaluation;
 - Medication treatment; or
 - Other treatment that can reasonably be provided only if the patient is hospitalized.

[Title 9, California Code of Regulations, Section 1820.205]

For MHP coverage for **outpatient specialty mental health services**, the patient and/or service must meet the following:

Has one of the following diagnoses in the DSM-IVE:

- Pervasive developmental disorders, except autistic disorders
- Disruptive behavior and attention deficit disorders
- Feeding and eating disorders of infancy and early childhood
- · Elimination disorders
- Other disorders of infancy, childhood, or adolescence
- Schizophrenia and other psychotic disorders, except psychotic disorders due to a general medical condition
- Mood disorders, except mood disorders due to a general medical condition
- Anxiety disorders, except anxiety disorders due to a general medical condition
- · Somatoform disorders
- Factitious disorders
- · Dissociative disorders
- Paraphilias
- · Gender identity disorder
- Eating disorders
- Impulse control disorders not elsewhere classified
- · Adjustment disorders
- Personality disorders, excluding antisocial personality disorder
- Medication-induced movement disorders related to other included diagnoses

Have one of the following impairments as a result of the mental disorder(s) on the left:

- A significant impairment in an important area of life functioning
- A reasonable probability of significant deterioration in an important area of life functioning
- Except as provided in Section 1830.210, a reasonable probability a child will not progress developmentally as individually appropriate. For the purpose of this Section, a child is a person under the age of 21 years

and the service meets each of the following criteria:

- The focus of the proposed intervention is to address the condition identified in Subsection (b) (2) above.
- The expectation is that the proposed intervention will:
 - Significantly diminish the impairment, or
 - Prevent significant deterioration in an important area of life functioning, or
 - Except as provided in Section 1830.210, allow the child to progress developmentally as individually appropriate.
 - For a child who meets the criteria of Section 1830.210(1), meet the criteria of Section 1830.210(b) and (c).
- The condition would not be responsive to physical health care-based treatment.

[Title 9, California Code of Regulations, Section 1830.205]

For MHP coverage for **outpatient specialty mental health services for eligible beneficiaries under 21 years of age**, the patient and/or service must meet the following:

Has one of the following diagnoses in the DSM-IVE:

- Pervasive developmental disorders, except autistic disorders
- · Disruptive behavior and attention deficit disorders
- Feeding and eating disorders of infancy and early childhood
- · Elimination disorders
- Other disorders of infancy, childhood, or adolescence
- Schizophrenia and other psychotic disorders, except psychotic disorders due to a general medical condition
- Mood disorders, except mood disorders due to a general medical condition
- Anxiety disorders, except anxiety disorders due to a general medical condition
- Somatoform disorders
- · Factitious disorders
- · Dissociative disorders
- Paraphilias
- · Gender identity disorder
- · Eating disorders
- Impulse control disorders not elsewhere classified
- · Adjustment disorders
- Personality disorders, excluding antisocial personality disorder
- Medication-induced movement disorders related to other included diagnoses

The beneficiary has a condition that would not be responsive to physical health care-based treatment, and

The services are necessary to correct or ameliorate defects and physical and mental illnesses and conditions discovered by the screening services with respect to the mental disorder.¹

[Title 9, California Code of Regulations, Section 1830.210]

¹ Other standards apply for eligibility for targeted case management.