1 2 3 4 5 6 7 8	GLENN E. SOLOMON (State Bar No. 155674) gsolomon@kslaw.com DARON L. TOOCH (State Bar No. 137269) dtooch@kslaw.com WILLIAM H. MAVITY (State Bar No. 346784) wmavity@kslaw.com KING & SPALDING LLP 633 West Fifth Street, Suite 1600 Los Angeles, CA 90071 Telephone: (213) 443-4355 Facsimile: (213) 443-4310 Attorneys for Plaintiff CALIFORNIA HOSPITAL ASSOCIATION	Electronically FILED by Superior Court of California, County of Los Angeles 4/23/2024 2:18 PM David W. Slayton, Executive Officer/Clerk of Court, By D. Williams, Deputy Clerk
10	SUPERIOR COURT OF THE STATE OF CALIFORNIA	
11	COUNTY OF LOS ANGELES	
12	CALIFORNIA HOSPITAL ASSOCIATION,	Case No. 24STCV10193
13	Plaintiff,	COMPLAINT FOR: UNFAIR AND UNLAWFUL
14	VS.	BUSINESS ACTS AND PRACTICES
15	BLUE CROSS OF CALIFORNIA, doing business as ANTHEM BLUE CROSS,	
16	Defendant.	
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25	Plaintiff California Hospital Association ("CHA") alleges against Defendant Blue Cross of	
26	California, doing business as Anthem Blue Cross ("Anthem") as follows:	
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	COMPLAINT	

1. Every day, Anthem causes patients across California to languish in hospitals when they are ready for post-acute care. These patients are stranded in a hospital by Anthem without being able to receive post-acute care because Anthem refuses to arrange for and authorize that post-acute care: a specific skilled nursing facility ("SNF"), inpatient rehabilitation facility ("IRF"), behavioral health unit facility ("BHU"), long term care facility ("LTAC"), acute rehabilitation unit ("ARU") or home health care service ("Home Health"). When Anthem fails to arrange for and authorize post-acute care, patients are forced to remain in the hospital needing additional acute care, and hospitals are forced to continue providing that care.

- 2. California law requires Anthem to arrange for and authorize post-acute care for its members, and to not cease authorizing ongoing hospital acute care until Anthem has communicated with the member's treating provider and agreed upon a plan for alternative care. Anthem routinely fails to follow these laws.
- 3. When a patient is ready for post-acute care and Anthem fails to perform its obligations to make that care happen as required by law, the patient is not just inconvenienced: the patient is put in danger of long-term harm. Different types of post-acute care are crucial to the patient's swift recovery. For example, a patient who is recovering from a stroke may require regular physical therapy, occupational therapy, and speech/language therapy services and medical management in an IRF or SNF so that they can recover functionality and return home safely. Similarly, a patient requiring behavioral health may require transition to a care setting that can implement a consistent and sustained treatment plan and community re-entry. A patient Anthem leaves in a hospital ends up not timely receiving post-acute care, thereby prolonging the patient's recovery time and sometimes even limiting the patient's ability to reach the optimal medical and functional outcome.

¹ Home Health refers to health and personal care services provided in the patient's home setting; it can include skilled nursing and therapy services provided by licensed health care personnel, or support and assistance with personal care, including mobility and activities of daily living. Home Health services are frequently provided to persons following a hospital discharge to support their continued and safe recovery in their home setting.

- 4. Anthem's failure to arrange for post-acute services for these patients also harms other patients who need, but cannot access, hospital beds for acute care occupied by patients for whom Anthem should have authorized and arranged post-acute care, which would have allowed those patients to be discharged from the hospital.
- 5. Anthem simultaneously denies payment to the hospitals for the continued acute care the hospitals are forced to provide to these patients, thereby injuring not only the patients but also the hospitals. Therefore, California hospitals are forced to incur substantial unreimbursed expenses due to Anthem's failure to timely arrange for and authorize post-acute care.
- 6. Anthem causes these problems by failing to arrange for and authorize the timely transfer of its members from hospitals to such post-acute facilities, failing to timely arrange for and authorize medically necessary Home Health services so that the patients can be discharged home, failing to locate available post-acute facilities that are willing and able to accept Anthem members who require post-acute care, failing to ensure that ongoing acute care is not discontinued until an appropriate treatment plan has been arranged in accordance with the medical determinations of the patient's treating provider, and otherwise failing to manage the care of its members who require post-acute care. These are all things that Anthem is legally obligated to do.
- 7. Instead of complying with its legal obligations, Anthem foists onto hospital personnel Anthem's responsibility to perform these managed care tasks that California law requires of Anthem. Anthem also fails to authorize or pay the hospitals for the ongoing additional acute care services the patients require when Anthem fails to arrange for post-acute care. Anthem's misconduct creates an impossible situation for patients and hospitals.
- 8. This lawsuit does not involve situations where Anthem and the treating provider disagree on whether a patient is ready for post-acute care. Rather, this lawsuit addresses where Anthem fails to perform its obligations regarding that post-acute care, and then denies payment for the additional acute hospital care that necessarily results from that failure. This leaves the patients and hospitals in limbo: there is no specific post-acute care location or service to which patients can be discharged, so hospitals must continue to provide acute care for which Anthem refuses to pay.

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9. Anthem's ongoing unlawful practices must be stopped in order to protect patients, hospitals, and the public interest.

THE PARTIES

- 10. CHA represents more than four hundred hospitals throughout California and advocates for better, more accessible health care for all Californians. Through its 35-plus member Board of Trustees composed of leaders of California's hospitals and health systems, CHA ensures that hospitals will continue to be able to provide exceptional care to patients and comprehensive health services to communities. Established in 1935, CHA provides information, resources, and perspective to state and federal policy makers to inform decisions that affect forty million Californians.
- 11. CHA is informed and believes that Anthem is a California corporation licensed to do business in the State of California as a provider of health insurance and is licensed as a health care service plan by the California Department of Managed Health Care ("DMHC") to transact business in the State of California. Anthem is therefore subject to the laws and regulations of the State of California. Anthem is a wholly owned affiliate of Elevance Health (the rebranded Anthem, Inc.), which is based in Indianapolis, Indiana. Forbes reports that Elevance is the second largest health plan insurance company in America. Fortune reports that Elevance is No. 22 on the Fortune 500 list, making it one of the largest publicly traded companies in the world – larger than J.P. Morgan Chase, Verizon, Fannie Mae, Comcast, AT&T, and Bank of America, among others.

JURISDICTION, VENUE AND STANDING

- 12. This Court has general subject-matter jurisdiction over the claims asserted, including claims seeking relief pursuant to the Unfair Competition Law ("UCL") (Bus. & Prof. Code, § 17200 et seq.) and Code of Civil Procedure section 1060.
- 13. This Court has personal jurisdiction over Anthem because Anthem is incorporated in California, has its principal place of business in California, and conducts substantial business in California related to the subject matter of this action.

- 14. Venue is proper in this county because Anthem's principal place of business in Woodland Hills is located within this county and because Anthem conducts substantial business in this county, including providing insurance to its members throughout Los Angeles County and committing the acts and omissions complained of within this county (and elsewhere in California).
- 15. CHA has standing to bring this action under the UCL for the reasons stated in California Medical Assn. v. Aetna Health of California Inc. (2023) 14 Cal.5th 1075, 1082: "[T]he UCL's standing requirements are satisfied when an organization, in furtherance of a bona fide, preexisting mission, incurs costs to respond to perceived unfair competition that threatens that mission, so long as those expenditures are independent of costs incurred in UCL litigation or preparations for such litigation. When an organization has incurred such expenditures, it has 'suffered injury in fact' and 'lost money or property as a result of the unfair competition.'"
- 16. CHA's pre-existing mission includes more accessible health care for all Californians and representing the interests of California member hospitals in that endeavor. CHA's mission has been frustrated by Anthem's unlawful and unfair conduct described in this lawsuit. CHA has incurred expenditures of staff time, as well as expenditures of money, investigating Anthem's conduct and its impact on hospitals and the delivery of health care in California, learning from CHA's members about Anthem's conduct and its impact.
- 17. These efforts by CHA include, without limit, conducting a comprehensive survey in 2023 to better understand how discharge failures by health plans, including Anthem, regarding post-acute care play out in California. This survey gathered data from three settings: emergency departments, general acute care hospitals, and inpatient acute psychiatric hospitals. The survey asked respondents to provide information about the extent of patient discharge failures, contributing factors to these failures, and the impact of these failures on patients and the hospitals. Based on the survey results, CHA's findings were:
 - A. Hospitals face significant barriers when attempting to discharge or transfer patients to a post-acute care setting. Four out of five California hospitals identify delays or denials of authorization by health plans as one of the top

- reasons for delays in patients getting post-acute care; Anthem is a key offender.
- B. An estimated 4,500 patients every day remain in California hospitals and emergency rooms despite being medically cleared for discharge, with Anthem a key offender.
- C. Annually, hospitals provide an estimated 1,000,000 days of avoidable inpatient acute care due to discharge failures by health plans and 7,500,000 million hours of avoidable emergency department care due to those discharge failures. This directly contributes to at least \$3.25 billion in avoidable hospital costs every year. Again, Anthem is a key offender.
- D. Delays in post-acute care make it harder for patients to recover; they increase health care costs for patients and hospitals; and they strain hospital capacity, given scarce staffing resources. The strain is increased when health plans like Anthem deny authorization and payment when the hospital has continued providing care to these patients despite the plan's legal obligation not to discontinue hospital care until the plan has arranged for and authorized post-acute care.
- E. Every year in California, an estimated 300,000 hospital patients (nine percent of all patients) whose discharge is delayed by at least three days spend, on average, an additional 14 days in a hospital after being medically cleared for post-acute care. Again, Anthem is a key offender.
- F. Significant discharge failures for post-acute care are present in all regions of California, including where Anthem operates.
- G. These discharge failures for post-acute care fall disproportionately on Medi-Cal patients. This affects patients in managed Medi-Cal plans at higher rates than those with traditional fee-for-service Medi-Cal coverage. Anthem, one of the largest Medi-Cal plans in California, is a key offender.

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H. Seventy-eight percent of general acute care survey respondents say that patients directed to SNFs for post-acute care are most likely to experience discharge delays. Again, Anthem is a key offender. Other settings associated with discharge delays include IRFs, BHUs, LTACs, and Home Health.

ANTHEM'S LEGAL OBLIGATIONS TO ARRANGE FOR AND AUTHORIZE CARE FOR ITS MEMBERS UNDER CALIFORNIA LAW

- 18. Anthem is a licensed "health care service plan" under the Knox-Keene Act. (See Health & Saf. Code, § 1340 et seq.) Anthem's decision to apply for and receive a license from the DMHC to operate a licensed health care service plan means that Anthem is legally required to comply with, and is bound by, all the state and federal laws applicable to a licensed health care service plan.
- 19. The Knox-Keene Act requires that a licensed health care service plan "shall provide or arrange for the provision of covered health care services in a timely manner appropriate for the nature of the enrollee's condition consistent with good professional practice. A plan shall establish and maintain networks, policies, procedures, and quality assurance monitoring systems and processes sufficient to ensure compliance with this clinical appropriateness standard." (Health & Saf. Code § 1367.03, subd. (a)(1).)
- 20. Any licensed health care service plan "shall ensure that all plan and provider processes necessary to obtain covered health care services, including, but not limited to, prior authorization processes, are completed in a manner that assures the provision of covered health care services to an enrollee in a timely manner appropriate for the enrollee's condition and in compliance with this section." (Health & Saf. Code § 1367.03, subd. (a)(2).)
- 21. Any licensed health care service plan "shall ensure it has sufficient numbers of network providers to maintain compliance with the standards established by this section." (Health & Saf. Code, § 1367.03, subd. (a)(7).)
- 22. Any licensed health care service plan is required to "arrange for the provision of covered services from providers outside the plan's network if unavailable within the network if medically necessary for the enrollee's condition." (Health & Safety Code § 1367.03(a)(7)(C).)

23. Any licensed health care service plan is required to provide "basic health care services" which include Home Health services. (See Health & Saf. Code, § 1367, subd. (i).)

- 24. Health plans also are required to provide essential health benefits which include skilled nursing facility services, durable medical equipment, and rehabilitative services, such as physical, occupational and speech therapy. (See Cal. Code Regs., title 22, § 1300.67.005(d)(10).)
- 25. Any licensed health care service plan is required to ensure that "[a]ll services shall be readily available at reasonable times to each enrollee consistent with good professional practice." (Health & Saf. Code, § 1367, subd. (e)(1).)
- 26. Any licensed health care service plan "shall have the organizational and administrative capacity to provide services to subscribers and enrollees." (Health & Saf. Code, § 1367, subd. (g).)
- 27. Any licensed health care service plan "operating in a network service area that has a shortage of one or more types of providers shall ensure timely access to covered health care services as required by this section, including applicable time-elapsed standards, by referring an enrollee to, or, in the case of a preferred provider network, by assisting an enrollee to locate available and accessible network providers in neighboring network service areas consistent with patterns of practice for obtaining health care services in a timely manner appropriate for the enrollee's health needs." (Health & Saf. Code, § 1367.03, subd. (a)(7)(B).)
- 28. When Anthem's members are admitted to a California hospital for acute care, Anthem is notified of the patient's admission and is provided daily updates of the patient's diagnosis and treatment. Anthem's Utilization Management ("UM") department then often conducts what is known as "concurrent review" of the patient's condition at the hospital.
- 29. Following a hospital admission, patients often require post-acute treatment, including SNFs, IRFs, BHUs, LTACs, or Home Health. A patient's treating provider cannot discharge a patient for post-acute care unless and until the appropriate post-acute care arrangements are in place. When Anthem fails to make such arrangements, the patient must continue receiving acute care in the hospital.

30. The Knox-Keene Act provides that Anthem cannot discontinue ongoing hospital acute care for a patient until the health plan has both notified the treating provider of its decision and a care plan has been agreed upon for the patient. Specifically, the statute requires:

"In determining whether to approve, modify, or deny requests by providers prior to, retrospectively, or concurrent with the provision of health care services to enrollees, based in whole or in part on medical necessity, a health care service plan subject to this section shall meet the following requirements: ...

(3) Decisions to approve, modify, or deny requests by providers for authorization prior to, or concurrent with, the provision of health care services to enrollees shall be communicated to the requesting provider within 24 hours of the decision. Except for concurrent review decisions pertaining to care that is underway, which shall be communicated to the enrollee's treating provider within 24 hours, decisions resulting in denial, delay, or modification of all or part of the requested health care service shall be communicated to the enrollee in writing within two business days of the decision. In the case of concurrent review, care shall not be discontinued until the enrollee's treating provider has been notified of the plan's decision and a care plan has been agreed upon by the treating provider that is appropriate for the medical needs of that patient."

(Health & Saf. Code, § 1367.01, subd. (h)(3) (emphasis added).) This law precludes Anthem from unilaterally discontinuing authorization for ongoing acute care before there is an agreement between Anthem and the treating provider for post-acute care. But Anthem ignores this legal obligation.

31. Anthem consistently fails to arrange for post-acute care for its members in several ways, yet simultaneously discontinues authorization and payment for the ongoing hospital care the hospital is forced to provide while the patient remains there. This causes both the patients and the hospital to suffer. Anthem's failures include:

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- A. Anthem discontinues ongoing hospital acute care before it and the treating provider have agreed upon a care plan that is appropriate for the medical needs of the patient, including specifically identifying and approving where the patient will be going to receive post-acute care.
- B. Anthem fails to identify, arrange for, and/or authorize a specific available post-acute facility that is available to accept the patient and that Anthem approves for that patient.
- C. Anthem does not timely respond—or respond at all—to requests for authorization for post-acute care for its members and otherwise prolongs the concurrent review process.
- D. For patients who require medically necessary Home Health upon discharge, Anthem fails to authorize and arrange for a Home Health agency to provide such Home Health to its members.
- 32. As set forth above, when patients are ready to be discharged from the hospital for post-acute care, but Anthem fails to arrange for that care, patients are forced to need additional acute care services until post-acute care is made available. But Anthem then denies payment for the acute care services it forced the patients to need, claiming that acute care was no longer medically necessary. These failures improperly delay patients receiving post-acute care, thereby prolonging their recovery process. Anthem's failures also result in hospitals not being compensated for the additional acute care that Anthem forced the patients to need.
- 33. It is not enough for Anthem to say that patients theoretically could be moved to post-acute care if there were post-acute care available when, in fact, Anthem has not arranged for actual post-acute care providers. A plan of care for discharge includes both knowing where Anthem has arranged for the patient to go to receive post-acute care and Anthem having authorized the post-acute care to be provided. Unless and until both these occur, the patients must continue receiving ongoing acute care in the hospitals.

PATIENT EXAMPLES OF ANTHEM'S FAILURES

- 34. The following are examples of Anthem failing to timely arrange for post-acute care, while at the same time denying payment to the hospitals while the patients had to remain in the hospitals receiving acute care.
 - A. Patient One was admitted to the hospital on Aug. 29, 2023. Anthem authorized four days for acute patient care. Anthem failed to arrange for post-acute care for the patient, leaving the patient in the hospital for 28 more days until Sept. 30, 2023. Anthem denied payment to the hospital for those 28 days on the grounds that the additional acute care supposedly was not medically necessary, even though Anthem had forced that additional acute care to be needed.
 - B. Patient Two presented to the emergency department on Oct. 28, 2022. The patient was diagnosed to have infected blood, COVID-19, secondary malignant neoplasm of liver and intrahepatic bile ducts, acute kidney failure, and malignant neoplasm of the stomach, and was admitted to the hospital. Anthem authorized acute care until Nov. 2, 2022. The hospital called a number of Home Health companies to see if they could provide care to the patient if discharged to the patient's home. Anthem provided no assistance in looking for a Home Health provider for its member. Anthem also delayed providing authorization for SNF care for 3 days. Because the hospital could not discharge the patient, the patient continued to need acute inpatient care until Nov. 9, 2022. Nonetheless, Anthem denied payment to the hospital for days Nov. 3-9, 2022.
 - C. **Patient Three** presented to the emergency department at the hospital on Apr. 21, 2022. The patient had stage IV metastatic colon cancer, acute renal failure and bilateral hydronephrosis. The patient was admitted to the hospital on Apr. 21, 2022, and was discharged 27 days later, on May 18, 2022. By May 10, 2022, the patient was ready for SNF placement, and the

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hospital searched for available SNFs. Anthem provided no assistance. On May 16, 2022, Anthem requested a physician peer-to-peer call to authorize the SNF stay. On May 18, 2022, the patient was discharged to a SNF. Anthem denied payment for days May 9-17, 2022, on the grounds that those acute care days supposedly were not medically necessary, despite Anthem's failures making that additional acute care necessary.

D. Patient Four is an Anthem Medi-Cal member. The patient has a history of mental disease. The patient presented at the emergency room on Feb. 4, 2023, and was diagnosed with catatonic schizophrenia. The patient was determined to be a danger to themself or to others and therefore was detained under Welfare and Institutions Code section 5150. The patient was ready to be admitted to an inpatient psychiatric center. Anthem provided no assistance in finding an available bed at an inpatient psychiatric center. The patient was therefore forced to remain at the hospital receiving inpatient hospital acute care until Feb. 18, 2023. Anthem denied payment to the hospital for Feb. 10-18, 2023, on the grounds that Anthem is not responsible for paying for acute psychiatric care. But the hospital was not providing acute psychiatric care; it was providing regular inpatient acute care because Anthem did not make appropriate arrangements for the patient to go to a specific inpatient psychiatric center.

FIRST CAUSE OF ACTION

(Unfair and Unlawful Business Practices in Violation of Bus. & Prof. Code, § 17200 et seq.)

- 35. CHA incorporates by reference the allegations set forth above.
- 36. Anthem has engaged in unlawful and unfair business acts and practices by failing to comply with the Knox-Keene Act provisions and regulations cited above. This harms California hospitals as well as other patients by (a) forcing the hospitals to use inpatient acute beds for patients who could and should be moved by Anthem to post-acute care; (b) preventing hospitals

from admitting other patients who require acute care services during times of hospital space constraints; and (c) failing to pay hospitals for the additional acute care that Anthem forced the patients to need.

- 37. This conduct by Anthem detailed herein constitutes unlawful and unfair business practices under California's Unfair Competition Law (Bus. & Prof. Code, § 17200 et seq.).
- 38. CHA has suffered injury in fact as the result of this misconduct by Anthem, including, without limitation, in the form of significant time spent by its employees, as well as money and other resources, spent educating and lobbying against Anthem's unlawful conduct, because Anthem's conduct threatens CHA's bona fide, preexisting mission of advocating for better, more accessible health care for all Californians, ensuring that hospitals will continue to be able to provide exceptional care to patients and comprehensive health services to communities, and providing information, resources, and perspective to state and federal policy makers to inform decisions.
- 39. CHA seeks an injunction prohibiting Anthem from continuing to engage in the wrongful actions listed above, including, but not limited to:
 - A. Discontinuing authorization or payment for ongoing hospital acute care through discharge without first reaching an agreement with the treating provider (i.e., the hospital and physician) on the plan for post-acute care;
 - B. For patients who require care in a post-acute facility, discontinuing authorization or payment for ongoing hospital acute care through discharge, unless and until Anthem has arranged for the transfer of the member to a specific post-acute facility and has authorized the post-acute facility to take the patient;
 - C. For patients who require Home Health services, discontinuing authorization or payment for ongoing hospital acute care through discharge, unless and until Anthem has arranged for and authorized the Home Health care services.
- 40. CHA's legal remedies are inadequate in that Anthem's unfair and unlawful conduct is ongoing, and repeated litigation to correct Anthem's ongoing actions is inefficient.

PRAYER FOR RELIEF

Wherefore, CHA prays for judgement against Anthem as follows:

- 41. For an injunction pursuant to Business and Professions Code section 17203, enjoining Anthem from:
 - A. Denying or discontinuing authorization or payment for ongoing hospital acute care through discharge without first reaching an agreement with the provider on the plan for post-acute care;
 - B. For patients who require care in a post-acute facility, denying or discontinuing authorization or payment for ongoing hospital acute care through discharge, unless and until Anthem has arranged for the transfer of the member to a specific post-acute facility and has authorized the post-acute facility to take the patient;
 - C. For patients who require Home Health services, denying or discontinuing authorization or payment for ongoing hospital acute care through discharge, unless and until Anthem has arranged for and authorized the Home Health care services;
- 42. For restitution of CHA's costs incurred in combatting Anthem's unlawful and unfair practices complained of in this action;
 - 43. For reasonable attorneys' fees pursuant to Code of Civil Procedure section 1021.5;
 - 44. For such other and further relief as the Court deems just and proper.

Dated: April 23, 2024 KING & SPALDING LLP

GLENN E. SOLOMON By: DARON L. TOOCH WILLIAM H. MAVITY

> Attorneys for Plaintiff CALIFORNIA HOSPITAL ASSOCIATION

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